

The Stolen Years

Local Program Strategies to Address Tobacco in Behavioral Health



This symposium is for direct service providers in community and behavioral health interested in current evidence surrounding the benefits of tobacco treatment in mental health and substance use populations. This is a virtual event; a video conference link will be sent upon registration. See overleaf for Eventbrite registration details.

Virtual Symposium
June 11th 2021
9am-12:30pm

The Stolen Years: Local Program Strategies to Address Tobacco in Behavioral Health

Register on Eventbrite: <https://www.eventbrite.com/e/the-stolen-years-strategies-to-address-tobacco-in-behavioral-health-tickets-152409684469>

People with mental health (MH) conditions and substance use disorders (SUD) die on average 10-20 years earlier than the general population and smoking is the single largest factor in this disparity. Around one third of adult tobacco consumption is among people with a MH or SUD condition, with smoking rates more than double that of the general population. People with MH or SUD conditions are just as likely as other smokers to want to quit, but are also more likely to be heavily dependent on tobacco, live in communities targeted by the tobacco industry, and face multiple systemic barriers to resources. They need more support to be successful.

To reverse these trends, professionals in every part of the health and social care system must work together. We will explore how tobacco treatment can improve physical health and also behavioral, social, and economic outcomes. We will highlight local innovative approaches to integrating tobacco treatment into housing, mental health, and recovery programs in a patient-centered way that supports individuals in their goals of gaining freedom from tobacco and reclaiming the stolen years.

Target Audience: All providers at health and behavioral health care agencies interested in current evidence around the benefits of tobacco treatment in mental health and substance use populations. This is a virtual event; a video conference link will be sent upon registration. To complete an ACBH sponsored virtual training, attendees must achieve a score of at least 70% on the post-test(s).

Schedule: 3 hours of instructional time and 30 minutes of break. Breaks and closing portion are not counted for CE credits.

9am-9:15am	Introduction of topic and outline of symposium program
9:15-9:35	AC Public Health Update on Tobacco Sales Local Ordinances-Menthol update
9:35-10:20	Keynote Presentation: Joe Gudysh, PhD
10:20-10:30	Break
10:30-10:50	EBCRP Research Team: Tobacco Attitudes, Usage, and Cessation Attempts among Co-Occurring Populations
10:50-11:00	Break
11:00-12:25	Panel Discussion: Innovative Approaches to Integrating Tobacco Treatment into the Care of Vulnerable Populations Moderator: Dr. Samali Lubega
12:25-12:30	Closing, Evaluations

Learning Objectives

1. Describe how two (2) local ordinances relate to tobacco product sales in Alameda County and how this increases the community's interest in quitting tobacco.
2. Describe two (2) ways in which treating patients while in substance use or mental health treatment facilities can be beneficial to their overall treatment plan.
3. Discuss at least two examples of program level barriers to creating smoking treatment access in substance use and mental health treatment facilities.
4. Discuss three (3) program or policy strategies to reduce tobacco use among program staff, substance use and mental health populations.
5. Summarize the rates of tobacco use in MH/SUD clients as presented in local program research (EBCRP Treatment for Individuals Experiencing Homelessness) and describe clients' receptiveness to ongoing tobacco treatment.
6. Summarize the experiences of two (2) community organizations and the steps they took to integrate tobacco treatment into their scope of work.
7. Describe three (3) benefits of quitting tobacco and its direct positive impact on employment, housing opportunities, improved health outcomes, mental health stability, and success in recovery from all substances.

Keynote Speaker Joseph Gudysh, PhD

Joseph Gudysh, PhD, is Professor of Medicine and Health Policy at the Philip R. Lee Institute for Health Policy Studies and the Department of Psychiatry at the University of California, San Francisco. His research concerns access, delivery, and organization of substance abuse treatment services. He has led studies evaluating efforts to improve access to publicly funded drug abuse treatment, assessing federal policy to end drug addiction and alcoholism as an SSI disability category, and investigating Drug Court and intensive case management interventions for drug-involved offenders. In recent years, his work has focused on tobacco dependence in addictions treatment, because of the high rate of smoking in this population, the known health consequences, and the increasing evidence that quitting smoking in addictions treatment also improves drug abuse outcomes.

About Lifelong Medical Care, Tobacco Treatment Program: we are contracted by Alameda County Behavioral Health and Tobacco Control, Alameda County Public Health to provide specialized clinical staff training and technical assistance to local organizations and health systems interested in enhancing their tobacco treatment services in Alameda County. Our team is medical consultant and lead trainer Dr. Samali Lubega, MD, program manager Patricia Sanchez, MPH, and program coordinator Alex Hay. **If you have questions about this or future trainings, or wish to schedule a training for your staff, contact Alex Hay ahay@lifelongmedical.org**
To request reasonable accommodation or file a grievance about an ACBH sponsored training, please contact Alex Hay ahay@lifelongmedical.org

This symposium is funded by Alameda County Behavioral Health and Tobacco Control Public Health.

Continuing Education (CE) credit is only provided for County and ACBH contracted Provider staff. This course meets the qualifications for 2.5 hours of CE credit for LMFTs, LCSWs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences;

Alameda County Behavioral Health Care Services (ACBHCS) is approved by the California Assoc. of Marriage and Family Therapists to sponsor continuing education for the target audience of this training, Provider No 65749; for Addiction Professionals by the California Consortium of Addiction Programs & Professionals Education Institute (CCAAP-EI), Provider No. 4C-04-604-0622; for RNs by the California Board of Registered Nurses, BRN Provider No. 12040; and for Psychologists as an approved provider by the California Psychological Assoc., Provider No. ALA006. ACBHCS maintains responsibility for this program/course and its content. Please note: to receive CE credit, it is the participant's responsibility to attend the full training, sign in and out, achieve a score of at least 70% on the post-test(s), and complete the evaluation. No partial credit can be given. CE Certificates will be emailed to qualifying participants within 30 days of the training. To request reasonable accommodation or to file a grievance about an ACBH sponsored training, go to: <http://www.acbhcs.org/training-calendar>

